

7. Paul talked about learning to feast instead of snack on God's Word. Which part of the feast mentioned in the video do you consider "the best part of the meal"? Share why this is your favorite part of feasting on God's WORD.

Enjoying the Company. Digging into the food (God's Word). Taking the leftovers. Sharing with God and others.

7. Chapter four in your Study Book makes a great suggestion for creating reminders that refocus our attention on God. Have someone read the Seismic Shift Suggestion on page 61 and share some ideas on how to implement this with the group.



My SEISMIC SHIFT for this week:

Prayer List: Take a few moments to share prayer needs with your group. Write them down here and have someone volunteer to pray specifically for each individual need during prayer time.

Group Project: As a group, pick a specific ministry inside ChurchFor-Family to pray for and help over the next six weeks. Strategize how your group can help that ministry. Write ideas here.

Elasticized Faith!

Shifts that expand your faith



the little changes that



VELCRO Faith is faith that sticks, but sticky faith often turns into stuck faith. We've got enough faith to get where we are, but we're not going any further. How do we move from VELCRO faith to stretchy, ELASTICIZED, expanding faith?

"The man said, "Lord, I put my faith in you!" Then he worshiped Jesus. John 9:38 (CEV)



I will focus my worship

**If your faith is wavering, it's because your worship is wavering.
If your worship is wavering, it's because your faith is wavering.**

"...true worshipers will worship the Father in spirit and in truth. The Father is looking for those who will worship him that way. For God is Spirit, so those who worship him must worship in spirit and in truth." John 4:23-24

The Two Key Elements of Worship

(1)

"You must love the LORD your God with all your heart, all your soul, and all your mind." Matthew 22:37

(2)

"Thy word is truth", John 17:17.

Worship is about _____ (3) to God's Truth

"What pleases the LORD more: burnt offerings and sacrifices or obedience to his voice? It is better to obey than to sacrifice. It is better to listen to God than to offer the fat of sheep." 1 Samuel 15:22

**Our problem is that we practice blurred worship.
Our worship is out of focus; it is focused on the wrong things.**

How Do I Refocus My Worship & Develop Elasticized Faith?

“Let us look only to Jesus, the One who began our faith and who makes it perfect.” Hebrews 12:2

- I shift from _____⁽⁴⁾ focused to _____⁽⁵⁾ focused.
- I begin to _____⁽⁶⁾ in God’s WORD.
- I _____⁽⁷⁾ with it.



- **Enjoy God’s Word daily:** plan a daily worship time.



- **Get it into your brain:** memorize God’s WORD and take time to ponder it throughout your day. (Use 3 x 5 cards if memorizing is tough.)



- **Pray through God’s WORD:** prayer is worship. Read and then pray about the verse you just read. God loves it when we talk to Him about the words He’s written to us!



- **Do something with God’s WORD:** remember that you make the Bible *better* when you do something with it.

- (1) I will spend consistent time with God.
- (2) I will focus my worship.
- (3) I will treat myself like God’s Temple.
- (4) I will reach outside myself to others.
- (5) I will regard everything I have as God’s.
- (6) I will purposefully invite others into relationship with Jesus.



Growth Group Discussion Starters

1. How did it go? How did you implement a seismic shift into your life last week? (If you’re still struggling with that, don’t stress, just share with the group how it’s going.)

2. What is one thing you can do this week to focus more on God and less on yourself as you walk through this next week.

3. Think back to Pastor Paul’s talk on Sunday. He opened the message by talking about the difference between **VELCRO faith** and **ELASTICIZED faith**. How do you think focusing our worship will stretch your faith?

4. Why is it so challenging to keep our eyes on God throughout the course of the day?

5. Imagine... a person who comes to ChurchForFamily with the following mindset:

“I am here to receive. I want music that inspires me, a sermon that grips my attention and elements of the worship service that fit my taste and style. If there is something in the service that does not meet my needs or hold my attention, I will be quick to critique it and tell people that I am not happy...”

- How might this attitude impact this person’s worship experience?
- How might this person’s disposition impact other people?
- What advice would you give this person?

6. Now imagine... another worshipper who comes to church with this attitude:

“I am here to give praise and honor to God. This service is not about me but about God’s glory. No matter what the music, prayers, or sermon are like, I will do all I can to lift up the name of Jesus and be an authentic worshipper.”

- How might this attitude impact this person’s worship experience?
- How might this person’s disposition impact other people?
- What shifts can you make to have an attitude more like this person?